



LEARNING OUTCOMES for Key Stage One of 'Life to the Full'

Use the tabs below for EYFS, LKS2 and UKS2

MODULE	UNIT	Session	Learning Outcome
Created and Loved By God	Religious Understanding	KS1.1.1.1	Let the Children Come We are created individually by God; God wants us to talk to Him often through the day and treat Him as our best friend; God has created us, his children, to know, love and serve Him in this life and forever - this is our purpose and goal and will bring us true happiness; We are created as a unity of body, mind and spirit: who we are matters and what we do matters; We can give thanks to God in different ways.
		KS1.1.2.1	I am Unique To learn that we are unique, with individual gifts, talents and skills.
	Me My Body and My Health	KS1.1.2.2.	Girls & Boy's (My Body) Our bodies are good; The names of the parts of our bodies (please refer to the Module Overview for important guidance on discussing genitalia); Girls and boys have been created by God to be both similar and different - these differences are physical, emotional and spiritual and together make up the richness of the human family.
		KS1.1.2.3	Clean & Healthy (My Body) Our bodies are good and we need to look after them; What constitutes a healthy lifestyle, including physical activity, dental health and healthy eating; The importance of sleep, rest and recreation for our health; How to maintain personal hygiene.
		KS1.1.3.1	Feelings, Likes and Dislikes That it is natural for us to relate to and trust one another; That we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc); A language to describe our feelings
	Emotional Well-Being	KS1.1.3.2	Feelings Inside Out Children will have a basic understanding that feelings and actions are two different things, and that our good actions can 'form' our feelings and our character.
		KS1.1.3.3	Super Susie Gets Angry Simple strategies for managing feelings and for good behaviour; That choices have consequences; that when we make mistakes we are called to receive forgiveness and to forgive others when they do; That Jesus died on the cross so that we would be forgiven.
		Life Cycles	KS1.1.4.1
	KS1.1.4.2		Beginnings and Ends What 'death' means About some feelings often associated with grief What Christian faith says about death and eternal life Some ways to support themselves and others when they are grieving
	Created to Love Others	Religious Understanding	KS1.2.1.1
Personal Relationships		KS1.2.2.1	Special People To identify 'special people' (their parents, carers, friends, parish priest) and what makes them special; The importance of nuclear and wider family; The importance of being close to and trusting special people and telling them if something is troubling them.
		KS1.2.2.2	Treat Others Well... How their behaviour affects other people, and that there is appropriate and inappropriate behaviour; The characteristics of positive and negative relationships; Different types of teasing and that all bullying is wrong and unacceptable.
		KS1.2.2.3	... and say sorry To recognise when they have been unkind and say sorry; To recognise when people are being unkind to them and others and how to respond; To know that when we are unkind to others, we hurt God also and should say sorry to him as well; To know that we should forgive like Jesus forgives.
Keeping Safe		KS1.2.3.1	Being Safe To understand safe and unsafe situations, including online.
		KS1.2.3.2	Good Secrets and Bad Secrets The difference between 'good' and 'bad' secrets and that they can and should be open with 'special people' they trust if anything troubles them; How to resist pressure when feeling unsafe.
		KS1.2.3.3	Physical Contact To know that they are entitled to bodily privacy; That there are different people we can trust for help, especially those closest to us who care for us, including our parents or carers, teachers and our parish priest.
		KS1.2.3.4	Harmful Substances Medicines are drugs, but not all drugs are good for us. Alcohol and tobacco are harmful substances. Our bodies are created by God, so we should take care of them and be careful about what we consume.
KS1.2.3.5		Can You Help Me? (Part 1 and 2) They should call 999 in an emergency and ask for ambulance, police and/or fire brigade If they require medical help but it is not an emergency, basic first aid should be used instead of calling 999. Some basic principles of First Aid	
Created to Live in Community		Religious Understanding	KS1.3.1.1
	KS1.3.1.2		Who is my Neighbour? To know what a community is, and that God calls us to live in community with one another; A scripture illustrating the importance of living in community as a consequence of this; Jesus' teaching on who is my neighbour.
	Living in the Wider World	KS1.3.2.1	The Communities We Live In That they belong to various communities such as home, school, parish, the wider local community, nation and global community; That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen etc; That we have a duty of care for others and for the world we live in (charity work, recycling etc.); About what harms and what improves the world in which we live.