



LEARNING OUTCOMES for Lower Key Stage Two of 'Life to the Full'

Use the tabs below for EYFS KS1 and UKS2

MODULE	UNIT	Session	Learning Outcome
Created and Loved By God	Religious Understanding	LKS2.1.1.1	Get Up! We are created individually by God who is Love, designed in His own image and likeness; God made us with the desire to be loved and to love and 'to make a difference'; each of us has a specific purpose (vocation); Every human life is precious from the beginning of life (conception) to natural death; Personal and communal prayer and worship are necessary ways of growing in our relationship with God; In Baptism God makes us His adopted children and 'receivers' of His love; by receiving the Sacrament of Reconciliation, we develop good habits (grow in human virtue); It is important to make a nightly examination of conscience.
		LKS2.1.1.2	The Sacraments That in Baptism God makes us His adopted children and 'receivers' of His love. That by regularly receiving the Sacrament of Reconciliation, we grow in good deeds (human virtue).
	Me, My Body, My Health	LKS2.1.2.1	We Don't Have to be the Same Similarities and differences between people arise as they grow and make choices, and that by living and working together ('teamwork') we create community; Self-confidence arises from being loved by God (not status, etc).
		LKS2.1.2.2	Respecting our Bodies About the need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do
		LKS2.1.2.3	What is Puberty? Learn what the term puberty means; Learn when they can expect puberty to take place; Understand that puberty is part of God's plan for our bodies.
		LKS2.1.2.4	Changing Bodies Learn correct naming of genitalia; Learn what changes will happen to boys during puberty; Learn what changes will happen to girls during puberty.
	Emotional Well Being	LKS2.1.3.1	What Am I Feeling? That emotions change as they grow up (including hormonal effects); To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action; What emotional well-being means; Positive actions help emotional well-being (beauty, art, etc. lift the spirit); Talking to trusted people help emotional well-being (eg parents/carer/teacher/parish priest).
		LKS2.1.3.2	What Am I Looking at? To recognise that images in the media do not always reflect reality and can affect how people feel about themselves.
		LKS2.1.3.3	I am Thankful Some behaviour is wrong, unacceptable, unhealthy and risky; Thankfulness builds resilience against feelings of envy, inadequacy and insecurity, and against pressure from peers and the media.
	Life Cycles	LKS2.1.4.1	Life Cycles That they were handmade by God with the help of their parents; How a baby grows and develops in its mother's womb including, scientifically, the uniqueness of the moment of conception; How conception and life in the womb fits into the cycle of life; That throughout their lives human beings act at three integrated levels: physical, psychological and spiritual.
Created to Love Others	Religious Understanding	LKS2.2.1.1	Jesus, My Friend That Jesus loves, embraces, guides, forgives and reconciles us with him and one another; The importance of forgiveness and reconciliation in relationships, and some of Jesus' teaching on forgiveness; That relationships take time and effort to sustain; We reflect God's image in our relationships with others; this is intrinsic to who we are and to our happiness.
	Personal Relationships	LKS2.2.2.1	Friends, Family and Others.. Ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong; That there are different types of relationships including those between acquaintances, friends, relatives and family; That good friendship is when both persons enjoy each other's company and also want what is truly best for the other; The difference between a group of friends and a 'clique'.
		LKS2.2.2.2	When Things Feel Bad Develop a greater awareness of bullying (including cyber-bullying), that all bullying is wrong, and how to respond to bullying; Learn about harassment and exploitation in relationships, including physical and emotional abuse and how to respond.
	Keeping Safe	LKS2.2.3.1	Sharing Online To recognise that their increasing independence brings increased responsibility to keep themselves and others safe; How to use technology safely; That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others; How to report and get help if they encounter inappropriate materials or messages.
		LKS2.2.3.2	Chatting Online How to use technology safely; That bad language and bad behaviour are inappropriate; That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others; How to report and get help if they encounter inappropriate materials or messages.
		LKS2.2.3.3	Safe in My Body To judge well what kind of physical contact is acceptable or unacceptable and how to respond; That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and parish priest.
		LKS2.2.3.4	Drugs, Alcohol & Tobacco Medicines are drugs, but not all drugs are good for us. Alcohol and tobacco are harmful substances. Our bodies are created by God, so we should take care of them and be careful about what we consume.
		LKS2.2.3.5	First Aid Heroes In an emergency, it is important to remain calm. Quick reactions in an emergency can save a life. Children can help in an emergency using their First Aid knowledge.
Created to Live in Community	Religious Understanding	LKS2.3.1.1	A Community of Love God is Love as shown by the Trinity – a 'communion of persons supporting each other in their self-giving relationship'; The human family is to reflect the Holy Trinity in mutual charity and generosity.
	Living in the Wider World	LKS2.3.1.2	What is the Church? That the human family is to reflect the Holy Trinity in mutual charity and generosity; The Church family comprises of home, school and parish (which is part of the diocese).
		LKS2.3.2.1	How do I Love Others? To know that God wants His Church to love and care for others. To devise practical ways of loving and caring for others.